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NESTLÉ CERELAC – Big Nutrition for Small Tummies

NESTLÉ CERELAC should always be fed with a spoon.

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NESTLÉ CERELAC – Big Nutrition for Small Tummies

(2 reviews)

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Monday, May 29th, 2017

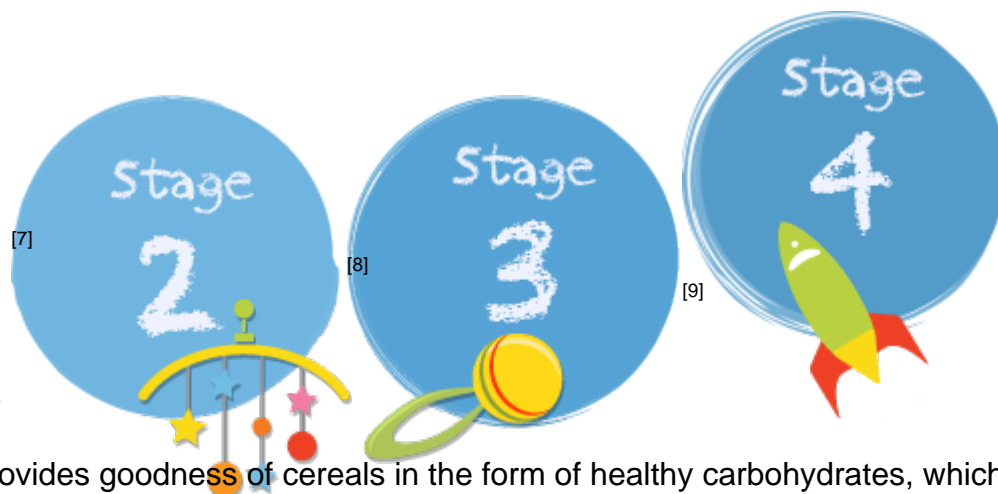
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Why give NESTLÉ CERELAC to your baby?

Each serving of NESTLÉ CERELAC provides the right nutrient balance for your baby's small tummy, offering the goodness of natural grains plus a tailored mix of nutrients for healthy growth and development.

Stage 1

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Goodness Of Cereals

NESTLÉ CERELAC provides goodness of cereals in the form of healthy carbohydrates, which help in fulfilling your baby's energy requirements.

High nutrient density per serving

Babies have small stomach capacity and very high nutritional needs. Hence, they require a meal which contains high nutrition in small portions. NESTLÉ CERELAC is the nutrient rich food, 3 feeds of which fulfill more than half of your baby's daily requirements of key nutrients.

Helps strengthen natural defenses

NESTLÉ CERELAC contains Bifidus BL and key immunonutrients that help strengthen baby's natural defenses. Immunonutrients such as Zinc, Vitamins A & C are essential for good

functioning of immune system.

Age specific nutrition & variety

NESTLÉ CERELAC offers age specific nutrition of your baby along with flavors and textures to develop baby's acceptance towards different tastes.



How to feed NESTLÉ CERELAC to your baby

NESTLÉ CERELAC should always be fed with a spoon. Start off with small quantities and gradually increase as your baby starts to accept. 1. Before preparing NESTLÉ CERELAC for your baby, wash your hands properly. Also, ensure the utensils you will be using to prepare NESTLÉ CERELAC are properly washed. 2. Boil water for 5 minutes and let it cool to luke warmness. 3. In 75 ml of water, add 25g of NESTLÉ CERELAC (for Stage 4, 35g NESTLÉ CERELAC with 100ml water) 4. Stir gently until the cereal is properly mixed and settles. There is no need to add milk, since NESTLÉ CERELAC already contains milk. Your baby should be given 2 – 3 feeds of NESTLÉ CERELAC every day.

نیسلے سیریلک خوراک کی تیاری

Step 3



اچھی طرح بلائیں یہاں تک کہ
دلیہ کھجان ہو جائے۔ اپنے بچے
کو ہمیشہ صاف چمچ سے کھلائیں۔
بچا ہوا دلیہ ہرگز نہ رکھیں۔



Step 2

25 گرام نیسلے سیریلک
یا پھر 4 ہموار کھانے کے
چمچ شامل کریں۔

Step 1



صرف نیم گرم پانی ملائیں!

پینے کا صاف پانی 5 منٹ تک
آبائیں اور اسے ٹھنڈا ہونے
دیں، پھر 75 ملی لیٹر نیم
گرم پانی ماپ کر بچے کے
بیالے میں ڈالیں۔

Disclaimer:

The World Health Organization (WHO) recommends exclusive breast-feeding for the first 6 months. Consult your doctor for advice on when to introduce complementary foods to your baby. Breastfeeding should continue for as long as possible after introduction of complementary foods.

Get Cerelac Products here

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